Harrow Communities Click: Yogarani and Ted

Yogarani first came into contact with Mind in Harrow through the Tamil group at Carramea. She joined the Stepping Stones Café Craft group at Starbucks, where she learned basic jewellery making. Following this she has become very interested in jewellery making and can often be found browsing the shops for inspiration. She has created many unique pieces of jewellery which you will see displayed here today. Yogarani also demonstrates jewellery making at various locations, as well as receiving



orders for bespoke work. She finds it very therapeutic and enjoys spending her leisure time designing and creating.



helping each other out - in the community

Yogarani joined Harrow Communities Click earlier this year and has exchanged skills by giving time to the Tamil Mindful Money Project. She finds this very enjoyable and says it's great to see new people joining the group. She thinks it is a very happy group!

Ted Jacob is the Tamil Mindful Money Project Worker at Mind in Harrow. He says that since having Yogarani on board she has grown in confidence. He believes she is an inspiration for others and a brilliant example of how people can develop and challenge themselves given the right circumstances. She has a great aptitude and appetite for learning. Yogarani has personally benefited throughout the process of giving her time on this project and continues to do so.



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